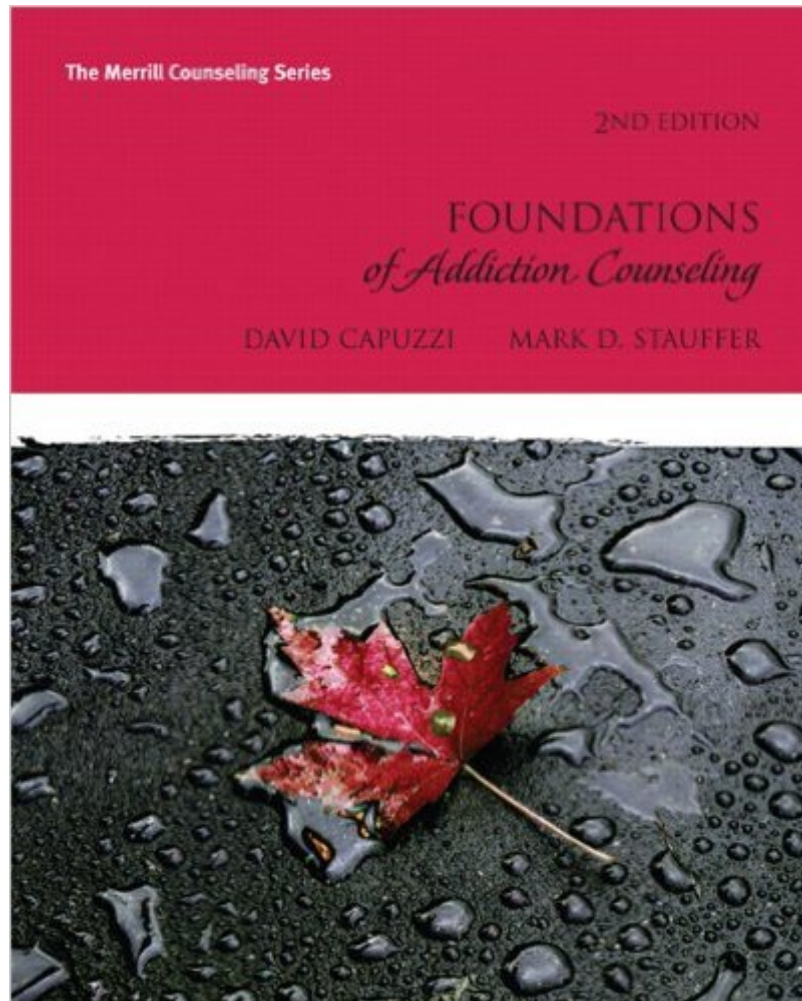


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# Foundations Of Addiction Counseling (2nd Edition) (Merrill Counseling)



## Synopsis

A practical collection of tools and strategies for prospective addictions counselors that includes a solid foundation of research, theory, and history. **Practical and comprehensive, Foundations of Addiction Counseling** explores an array of techniques and skills that a new practitioner will need in the real world while providing a thorough review of the research, theory, and history of addiction counseling. With chapters written by expert scholars, this text covers many topics in-depth often ignored by other comparable books, such as professional issues in addictions counseling, the assessment of client strengths, gender issues in substance abuse, working in rehabilitation centers, and working with clients with disabilities. **The second edition of this unique text offers** prospective counselors the tools and strategies they will need for working with general and special populations, including assessment tools, strategies for outpatient and inpatient treatment, information about maintenance and relapse prevention, and counseling strategies for couples, families, children, adolescents, college students, and recovering addicts. The revised edition includes expanded discussions on a number of topics, new case studies, and completely updated resources and web references.

## Book Information

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Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (36 customer reviews)

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## Customer Reviews

As a clinician who has worked in the trenches for more than 24 years (mostly with CD/cod and other

addictive disorders) I like to review material related to staying sober, addiction, relapse prevention and new ways to think about supporting people to get and stay sober. This book never fails as a review of past and recent literature, and it becomes apparent quickly that the authors know their stuff. Highly recommended - five stars...

I found this book to be a great tool for my studies in addiction counseling. The book breaks down the subject matter into very definitive chapters. In addition to addressing chemical dependency addictions, also covered are process addictions such as food related process addiction, gambling, sex addiction, shopping addiction, etc. Another topic covered is co-occurring addictions aka dual diagnosis issues. I readily suggest obtaining this book, whatever your level of addiction schooling or active counseling.

At first I did not like the format of this book, as everything seems to run together (no bolded key words, no pictures ; ), so I was not grasping the information as well. This is more user error (me), because as I began to take bullet point notes of key info as I read, I was able to remember the information presented and found it more interesting and practical. I like that this book is actually quite thorough and that it is up on current research as to what is effective for treating addictions.

This was an outstanding book, well researched, easy to read from cover to cover. If you wanted to learn and have a clear foundation on the topic of Addiction Counseling, I highly recommend that you read this book. Great book for college students

This book was a requirement for my Substance Abuse class this semester, and has proved to be very helpful in my quest to educate myself about substance abuse. The book is detailed without being boring.

This book is wonderful and full of information well needed for someone wanting to become a counselor. It was also shipped in a very timely manner. I received my book within 3-4 days of ordering it.

This book arrived on time, it arrived in great condition, and it contains a great deal of useful information needed for someone to learn about becoming a substance abuse therapist. I would recommend it and this seller to anyone in the field.

I am a student in grad school going for my Master's in Counseling, and although I don't really get into the topic of substance abuse this book was an interesting read for a decent price. I kept it, it will be a great reference someday. I recommend it!

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